

## **Farm to Preschool Program – UEPI, Occidental College**

### **Pilot CSA Program – Family Center and Preschool**

The Farm to Preschool Program at the Urban & Environmental Policy Institute at Occidental College has partnered with the Children’s Nature Institute, Magnolia Place Family Center, Children’s Bureau and Community Services Unlimited to offer a weekly local food produce stand with a Community Supported Agriculture (CSA) option. There are multiple purchasing options, such as a mixed vegetable/fruit bag, diabetic bag and snack-ready (minimally processed “wash and go”) at \$12/\$24 (small/large) and \$10/\$20 (community prices) for bags of produce. All items can be purchased with EBT cards or WIC vouchers, cash, check, and online payments. Participation currently includes staff from the family center where it is housed, community members and preschool parents and teachers.

The market stand is supplemented by food demonstrations and samples as a way of building both education around healthy food choices and how to cook healthy foods, and building interest in the produce. Evaluation of the program is on-going.

